



Working Well NJ's
2nd Annual Fitness Challenge
Walk & Rally
Lunch Hour Event from 12 - 2 pm

JOIN US ON
Friday
October 6, 2006
12 NOON
State House Steps
Trenton, NJ

The one-mile walk kicks off from the steps of the State House. Come walk with us or visit with the many wellness partners for healthy lifestyle information.



Accept the *Working Well NJ* Fitness Challenge by being part of your agency's team. Do it for your health.



Learn about wellness, disease prevention and healthy lifestyle choices from *Working Well NJ*.



Get valuable information and tips on ways to keep you and your family healthy!



For more information, call: 609-292-8217 or visit www.nj.gov/personnel and click on the *working well nj* logo.



Jon S. Corzine, Governor

